



APPENDIX A

Drug and Alcohol Services in Leicester

Joanne Atkinson, Consultant in Public Health
Kate Galoppi, Head of Drug and Alcohol Action Team
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Aim of presentation



- To introduce members to the issues of drug and alcohol misuse in Leicester including:
 - The extent of the problem
 - Existing services
 - Gaps in service provision
- Drug and Alcohol needs assessment recently undertaken – presented to SLP 12th June which forms basis for much of the presentation



Aims and objectives of needs assessment



- Provide a clear and accurate statement of needs re: substance misuse in Leicester by;
 - Collecting and appraising data
 - Reviewing evidence base
 - Reviewing current system
 - Engaging stakeholders
 - Disseminate findings



National Policy



- 2010 Drugs strategy
 - Reduce use
 - Increase recovery
 - By reducing demand, restricting supply & building recovery into communities
- 2012 Alcohol strategy
 - Reduce excess drinking
 - By behaviour, crime, binge drinking, alcohol related deaths, young people drinking



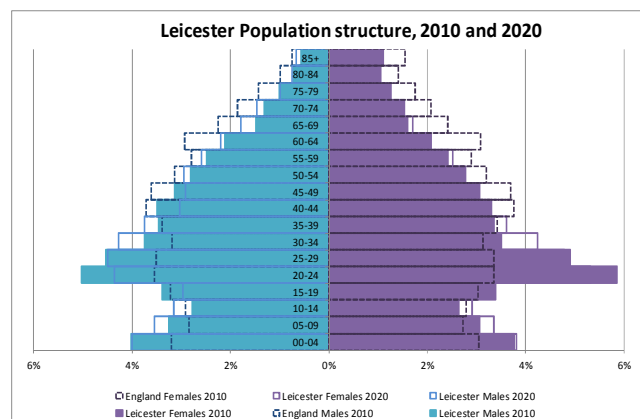
Local Policy



- Safer Leicester Partnership provides the oversight re: substance misuse and includes a range of partners
- Relevant sub-groups of SLP:
 - Alcohol Delivery Group
 - Drug and Alcohol Commissioning Group
- Local strategies and plans include:
 - Adult drug treatment strategy
 - Young peoples substance misuse plan
 - Alcohol harm reduction strategy

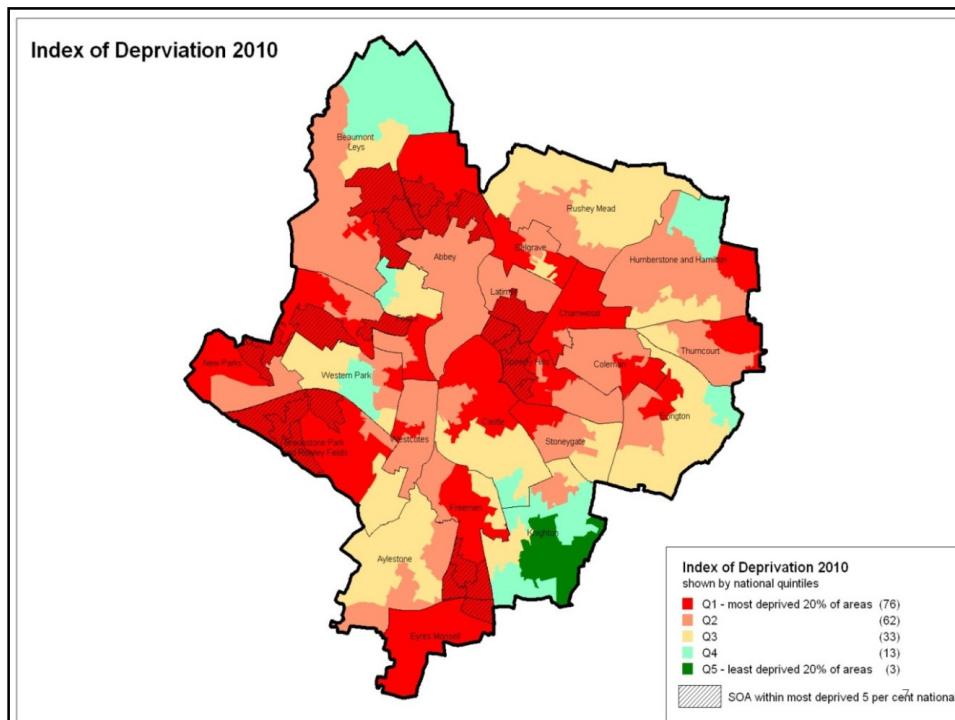


Demographics



A young and growing population





Drug use



- Estimated 2,539 OCU (Opiate/ Crack Users) in Leicester
- 6% report taking drugs in last 12 months, (Leicester Lifestyle Survey) v 8.8% England
- Majority cannabis followed by cocaine/coke
- Higher usage in males, 16-24 year olds and white groups
- Nationally 18% of 11-15yr olds reported taking drugs in the last year



Alcohol



- In Leicester it has been estimated that:
 - 63,000 adults (26.2%) drink above recommended levels
 - almost 13,000 (5.3%) drinking at harmful levels and
 - almost 9,000 (3.6%) dependent on alcohol
- Leicester Lifestyle Survey backs this up – 27% reported drinking above the recommended levels
- However we have a relatively low proportion of people that drink alcohol – just under half of the adult population report that they do not drink
- More males than females report drinking above recommended levels (32% v 23%), highest in 16-24 yr olds (33%) and white populations (36% v 12% in Asian groups)
- Young people (11-15 yr olds) TellUs4 Survey (2009)
 - 20% reported ever having an alcoholic drink (42% - England)

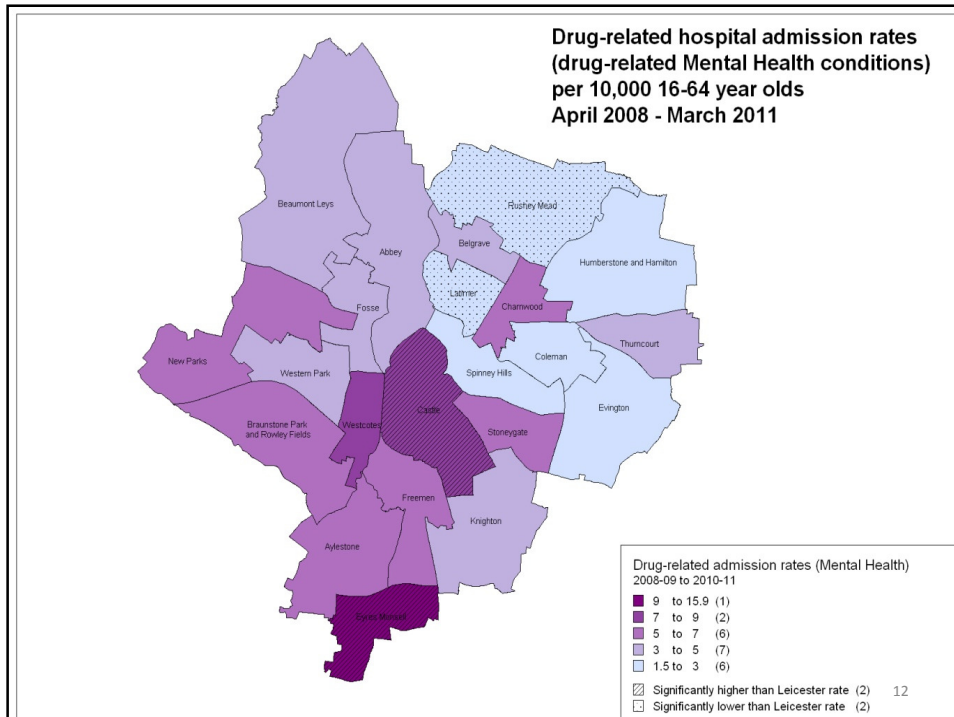
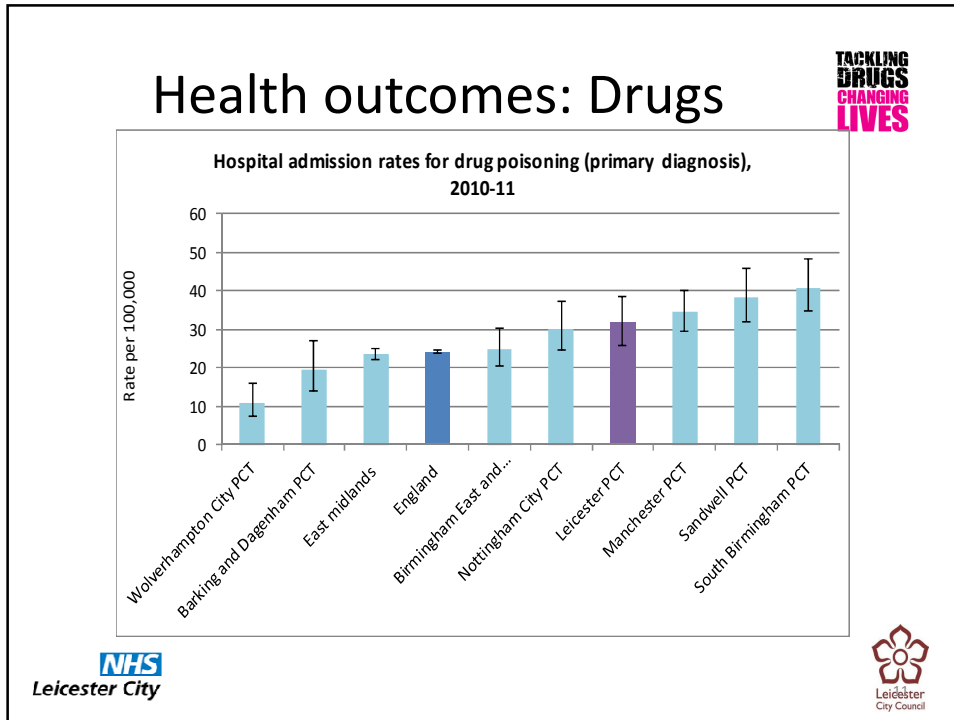


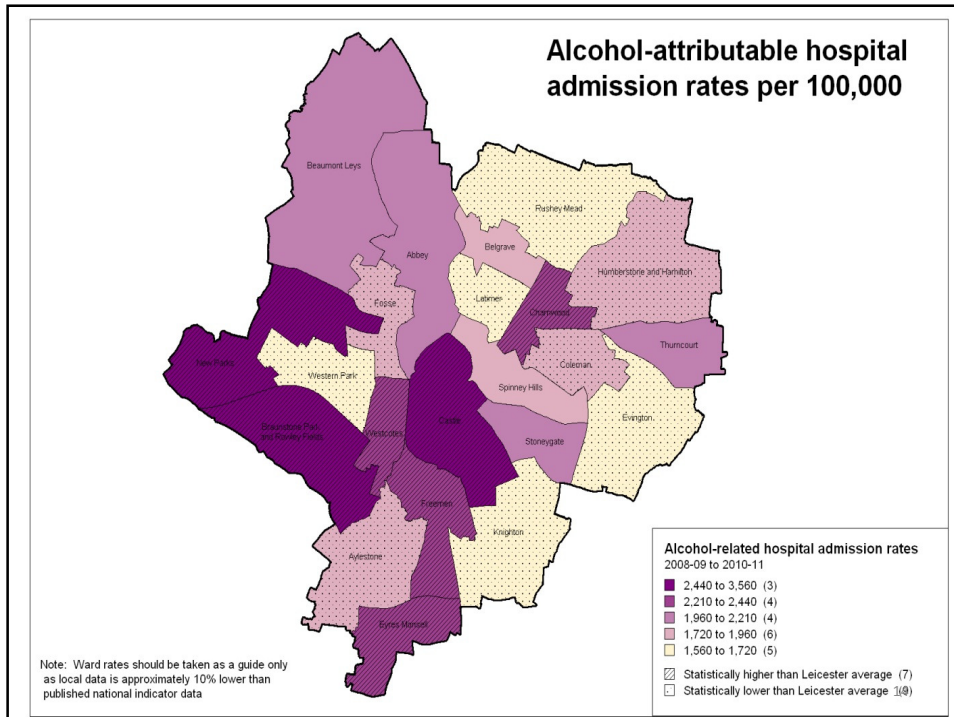
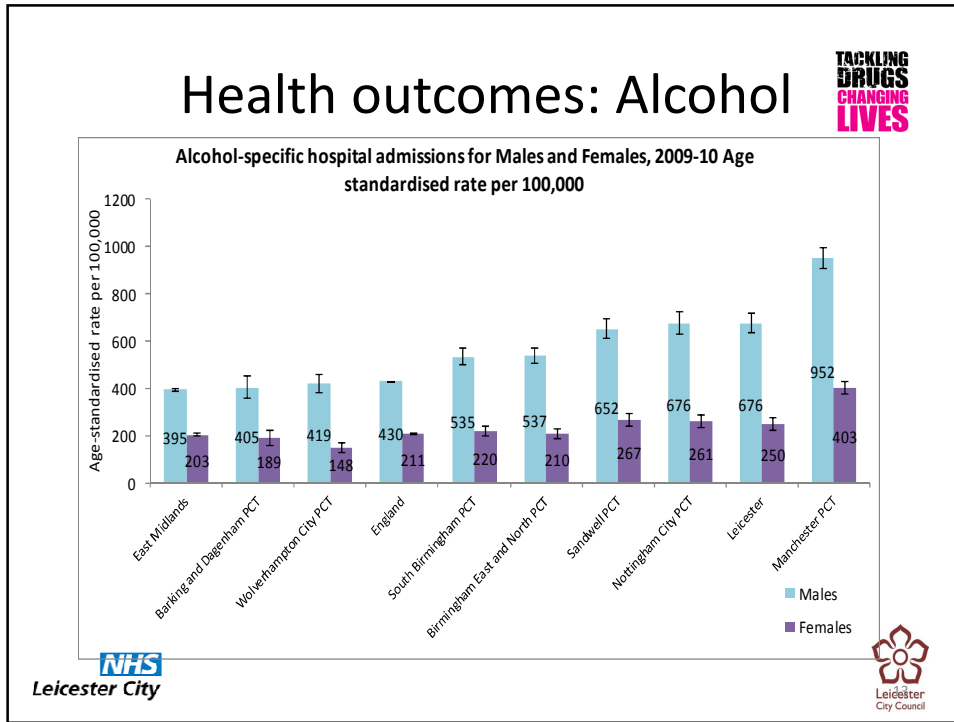
Vulnerable groups

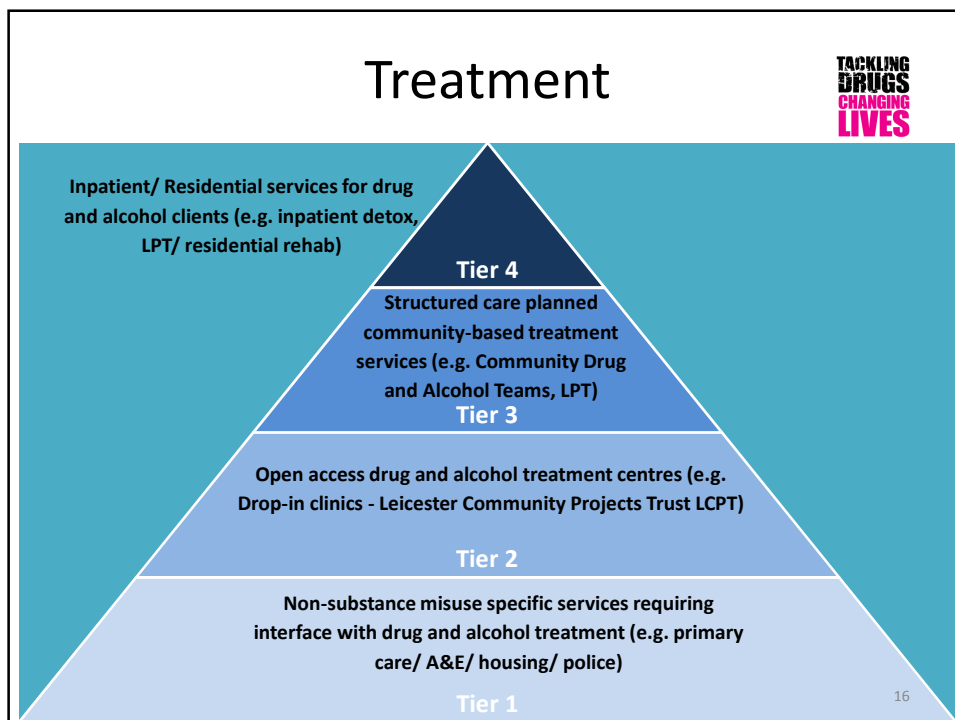
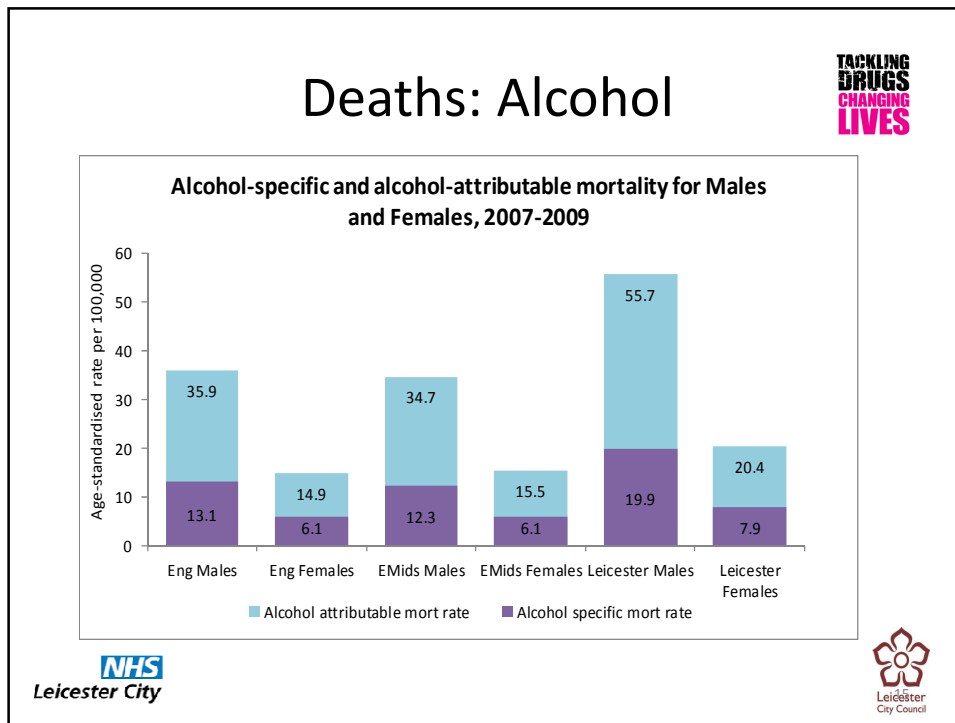


- Clear association between mental illness and drug/ alcohol dependence.
- Estimated that 33% psychiatric patients with serious mental illness have a substance misuse problem (dual diagnosis)
- In Leicester 9% of new drug treatment journeys had dual diagnosis v 14% nationally
- 10% of new alcohol treatment journeys had dual diagnosis v 16% nationally












Current Treatment Services




<p>LCPT (Leicestershire Communities Projects Trust)</p> <ul style="list-style-type: none"> • Public front door • Drugs/Alcohol • Drop-in and phone advice • Assessment • Needle exchange • Baseline (Crack Cocaine) • Casework 	<p>LPT (Leicestershire Partnership Trust - NHS)</p> <ul style="list-style-type: none"> • Referrals from LCPT and other agencies e.g. GPs • Drugs/Alcohol • Assessment • Casework • Substitute Prescribing • Screening & vaccination for blood borne viruses • Referral to detox • Primary Care Support to GPs
<p>QoL (Quality of Life Service) - provided by Leics & Rutland Probation Trust</p> <ul style="list-style-type: none"> • Referral from other agencies and some public access • Drug/Alcohol • Recovery services • Group work • Peer Mentors • Parents/Carers services 	<p>CJDT (Criminal Justice Drugs Team) - provided by Leics & Rutland Probation Trust</p> <ul style="list-style-type: none"> • Integrated treatment pathway for offenders • Drugs/ Alcohol • Alcohol Arrest referral • DIP (Drug Intervention Programme) • Structured treatment • Community orders • Treatment within HMP Leicester







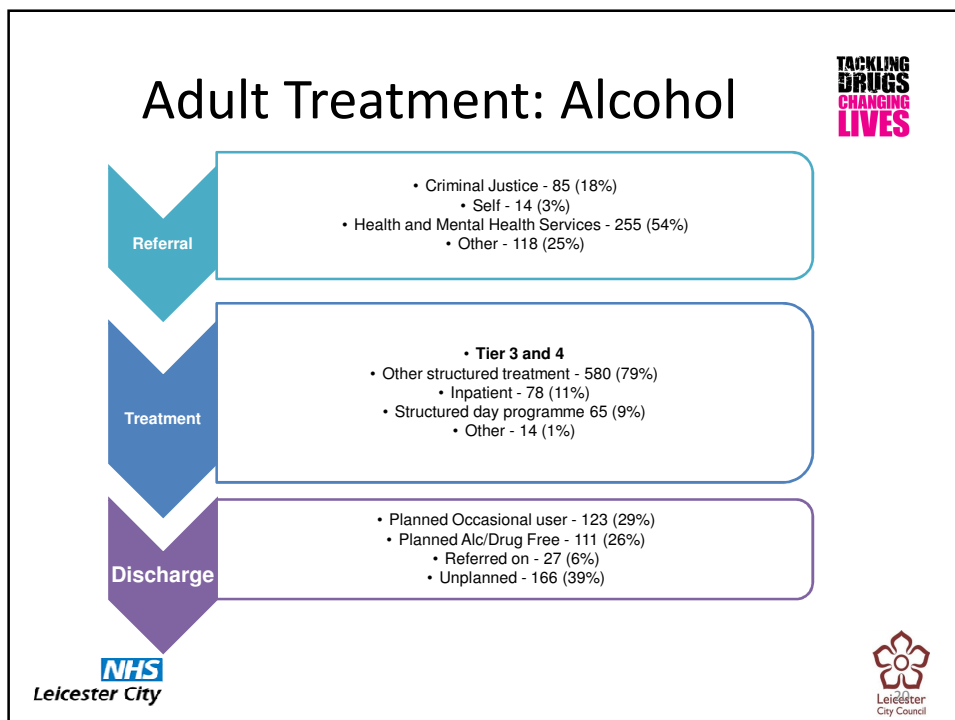
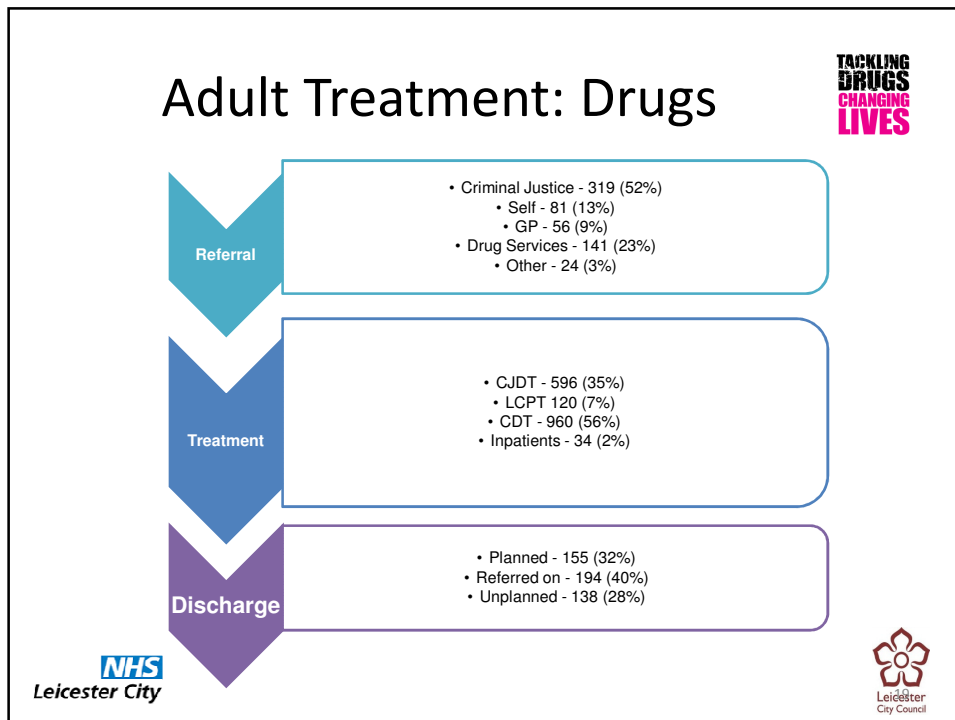
Other related services

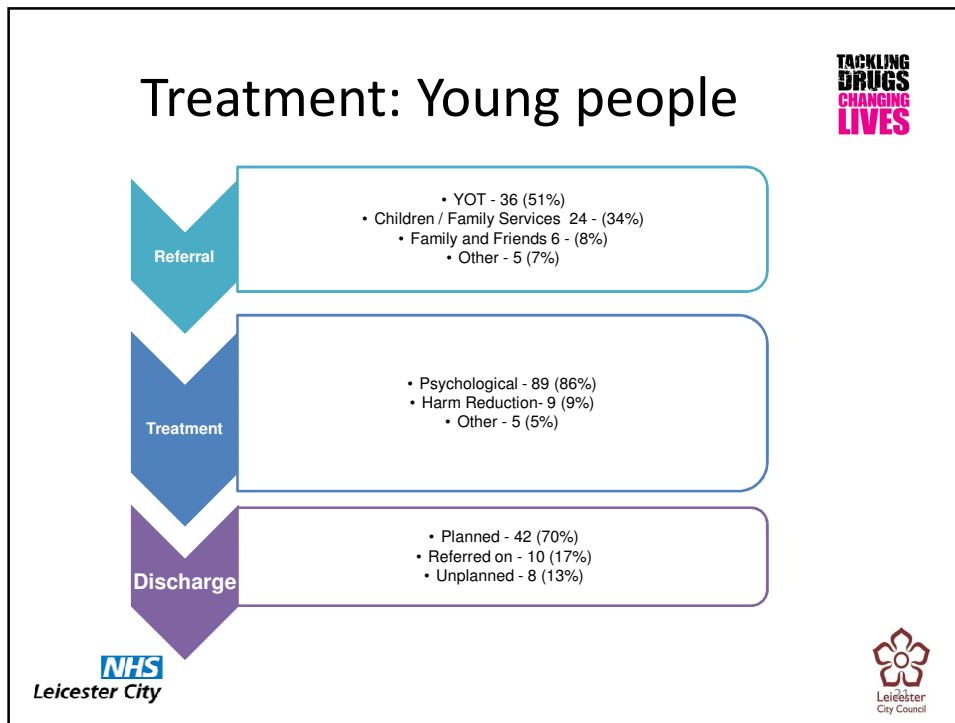


- Alcohol liaison workers in UHL (tier 2)
- Substance misuse midwife in UHL
- Alcohol Locally Enhanced Service with GPs (brief interventions)
- Alcohol worker based in the Dawn centre
- Anchor Centre (wet day centre working predominately with street drinkers)









Funding Available 2012/13

TACKLING DRUGS CHANGING LIVES

Department of Health	£3.6m
Home Office/ Ministry of Justice	£1.9m
Leicester City Council	£0.35m
NHS	£1.8m
TOTAL	£7.7m

NHS
Leicester City

Leicester City Council

Recommendations from needs assessment



- Greater understanding of needs within specific communities is required e.g. South Asian & Somali
- More analysis required regarding whether service provision matches need (Health Equity Audit)
- Further development of dual diagnosis services
- Improved marketing of treatment services
- Further work needed to explore needs of children whose parents are substance misusers
- Better access to support and information at times of crisis



Recommendations – cont'd



- Further exploration of why proportion of referrals from criminal justice is so high
- Improve uptake of vaccination to reduce blood borne viruses
- More exploration re: needs of those using legal highs and steroids
- Improved recording within treatment services
- Increase proportion of dependent drinkers accessing treatment



Next Steps



- Refresh plans:
 - adult drug treatment strategy/ plan
 - young peoples' substance misuse plan
 - Alcohol Harm Reduction Strategy/ plan
- Procurement process – from October 2012, new services in place from 1st July 2013

